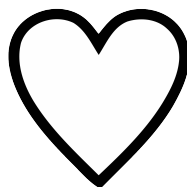


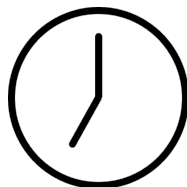
Music has symbols called **notes** that tell us how long sound lasts.



All of these notes last for different **counts**, but they all share a **pulse**.



Your heart also has a **pulse**, called your heartbeat, see if you can feel how it regularly beats in a steady rhythm.



A clock also **beats** regularly! You can hear it “tick” and “tock” in a steady rhythm too,

Try clapping, tapping, or snapping as steadily as possible, see if you can imitate a heart beating or a clock ticking!